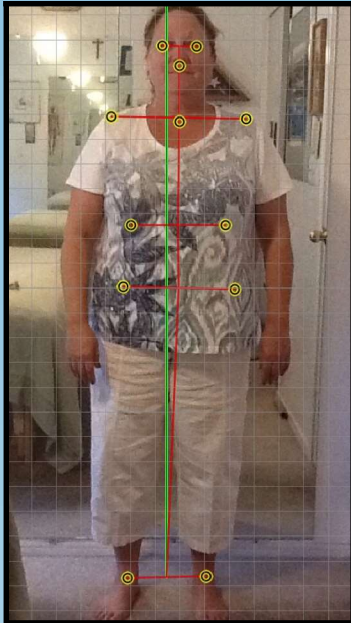


## PostureScreen Comparison Report for Kym Mann performed on 10/30/15 and 10/30/15

The purpose of this PostureScreen report is to objectively demonstrate the measurable changes in your standing neutral posture. Since posture can be considered the window to the spine, specific abnormal postural displacements are associated with specific spinal positions. If your posture is left uncorrected, then your spine skeletal system, discs, ligaments, blood vessels, muscles and spinal nerves will be under constant asymmetrical stress and will eventually adapt with pathological changes. The benefits of near normal posture is obvious. It is advisable to continue to seek corrective type care until your posture (and spinal alignment) is as close to normal as possible.

### Your Posture Comparison from the Front View

10/30/15, 12:22 PM



10/30/15, 1:53 PM



Body Region	Shift (Translation)		Rotation (Lateral Flexion/Bending)	
	10/30/15 12:22 PM	10/30/15 1:53 PM	10/30/15 12:22 PM	10/30/15 1:53 PM
Head	0"	0.12" left	1.2° left	2.9° left
Shoulders	0.17" left	0.16" left	0°	0°
Ribcage	0.09" right	0.12" left	N/A	N/A
Hips/Pelvis	1.34" left	0.68" left	1.3° left	0°
<b>Total Deviations</b>	<b>1.60"</b>	<b>1.08"</b>	<b>2.0°</b>	<b>2.0°</b>

10/30/15, 12:22 PM

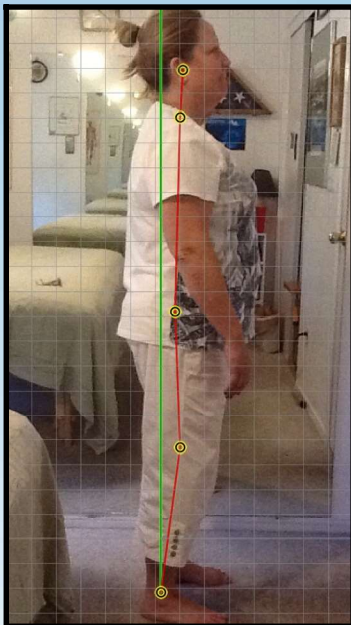


10/30/15, 1:53 PM

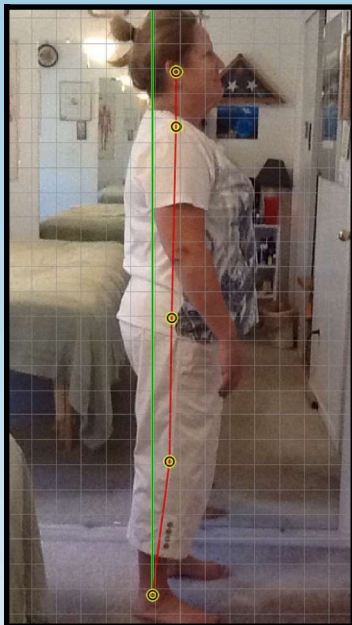


### Your Posture Comparison from the Side View

10/30/15, 12:22 PM



10/30/15, 1:53 PM

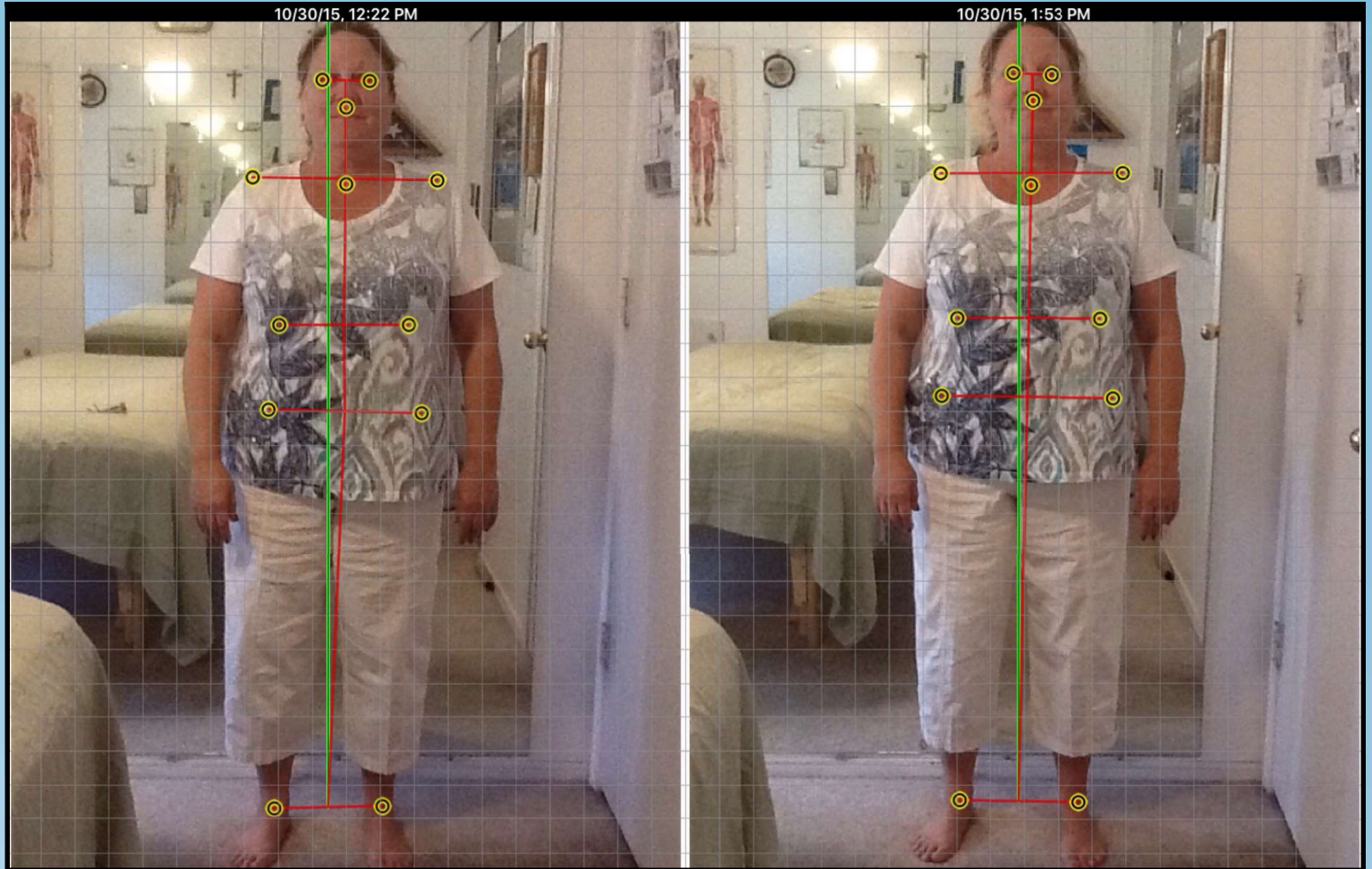


Body Region	Shift (Translation)	
	10/30/15 12:22 PM	10/30/15 1:53 PM
Head	0.32" forward	0"
Shoulder	0.56" forward	0.48" forward
Hips/Pelvis	0.56" backward	0.24" forward
Knees	2.16" forward	1.92" forward
<b>Total Deviations</b>	<b>3.59"</b>	<b>2.63"</b>

Your head weighs approximately 14.0 lb, however, due to the physics of your postural deviations, your 'effective head weight' changes, which means it 'feels heavier' to your body. The effective weight of your head for the exam on 10/30/15 was 18.5 lb and on the follow-up exam dated 10/30/15 it weighed 14.0 lb, accounting for a total change of 24.2%.



Exam for Kym Mann performed on 10/30/15





Exam for Kym Mann performed on 10/30/15

